

## **Checklist at High School To Complete *Before* Going to College**

- I am taking high school courses that will get me into college.
- I am attending my Individual Education Plan (IEP) meetings.
- I have discussed my psycho-educational assessment with my school psychologist, counselor, special education teacher, and parents. I know my cognitive strengths and weaknesses.
- I can describe my disability in detail.
- I know the kinds of accommodations that will provide me with an equal opportunity to succeed at college.
- I have had meetings with a high school special education staff member and discussed what I need to do to prepare for college.
- At the time I apply to college, my psycho-educational assessment will be less than three years old.
- I have taken the Scholastic Aptitude Test (SAT) or the American College Testing Program (ACT).
- My reading and writing skills are at college-qualifying levels.
- I have improved my study skills.
- I am taking on more difficult tasks without the help of my teachers or parents.
- I have located colleges that have Disability Resource Centers and programs for students with disabilities.
- I have reviewed their course catalogs.
- I have visited the colleges I would like to attend, seen the campus, and met with the Disability Resource Center staff.

## **Checklist for College**

- I have met with the Disability Services Center staff to discuss my support needs (before classes start).
- I am following through on the advice and recommendations of the Disability Services Center staff.
- When recommended, I have asked the Disability Services Center to write letters to my professors describing my disability and requesting specific accommodations.
- I have talked to my professors about my disability and the accommodations I need for their courses.
- I have developed a strong network of friends with whom I can share my joys and frustrations.
- I am using a daily/weekly/monthly planner to keep well-organized.
- I have a place to study that is suitable for my learning style and I am using this location on a consistent basis.
- I have learned how to use my college library.
- (If available) I have located a *free* tutoring service on campus.
- (If necessary) I have arranged for a private tutoring service on campus.
- I am studying an average of two to four hours daily.
- I am watching my progress closely. If I become overwhelmed by my course load, I am prepared to take fewer courses.
- During each college year, I am trying to reduce my need for accommodations.